



Monthly Recreational Activities Schedule

Form CM 5.13

Month: November Year: 2009 Dementia Specific Program

KEY: ** Activities held in Magnolia Garden * Held in mainstream dining room Sundowning session held daily when PM act. conclude

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WK1AM 10:00	30 th dancing & Sitting exercise To music					 Pets as therapy	1 st ** tea in the garden/sing along music
WK1 PM 1:30	BINGO						MOVIE
WK2AM 10:00	2 nd Ten pin bowling	3 rd Beauty care MUSIC	4 th sing along music hairdresser	5 th Reminiscence Guessing time	6 th GOLF	7 th bingo  Pets as therapy	8 th ** resident & Relative lunch
WK2PM 1:30	CRAFT/DECO Ballgames	*Melbourne Cup Hat Parade	Table games	MOVIE	COOKING	I.A.P.	MOVIE
WK3AM 10:00	9 th RAO FORUM	10 th Chair exercise Laughing session	11 th Uniting church service hairdresser	12 th Bocce bowls	13 th Ten pin bowling	14 th HOI  Pets as therapy	15 th ** tea in the garden reminiscence
WK3PM 1:30	BINGO	PUZZLE /READING	**gardening reading	MOVIE	Food tasting	I.A.P	MOVIE
WK4AM 10:00	16 th Food tasting	17 th Laughing & Guessing time	18 th *Catholic church Service/reading hairdresser	19 th Ten pin bowling	20 th CRAFT/DECO MUSIC	21 st Bingo  Pets as therapy	22 nd **gardening Domestic chores
WK4PM 1:30	Table games	ballgames	CRAFT/DECO Sing along	MOVIE	* CONCERT (Kirsty Lee) Birthday celebration	I.A.P.	MOVIE
WK5AM 10:00	23 rd Ten pin bowling	24 th **gardening **tea in the garden	25 th Group discussion hairdresser	26 th Sitting & dancing Exercise to music	27 th QUILTS	28 th HOI  Pets as therapy	29 th **exercise walk
WK5PM 1:30	CRAFT/DECO MOVIE	Men's club	BEAUTY CARE SING ALONG	MOVIE	COOKING	I.A.P.	MOVIE



Delta Dogs come each Saturday for Pet Therapy, The Hairdresser is open each Wednesday



Communion from Catholic Church comes each Friday 15-30mins domestic chores session prior to AM activity.