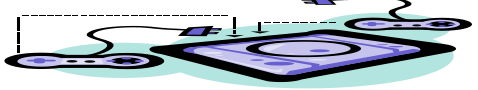
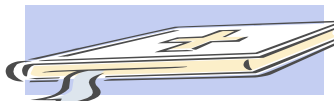


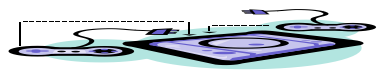


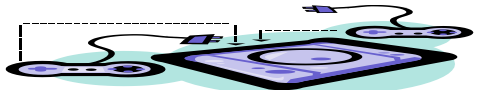

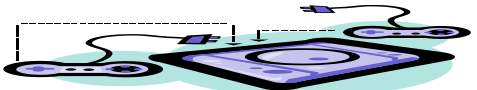








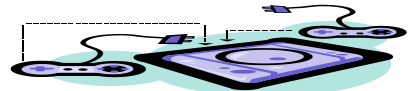




LEISURE AND LIFESTYLE MONTHLY RECREATIONAL ACTIVITY SCHEDULE



OCTOBER 2011

CM 5.13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
WK 1 MORNING 3-9 OCT	<p>October long weekend</p> <p>Public holiday</p>	<p>9.15am Mail & Newspapers</p> <p>9.30am Exercise & Stretch In South Lounge</p> <p>10.00am Craft in Mount view</p> <p>10.00am Nintendo Wii in Magnolia</p>  <p>10.00am Balloon tennis & bowling in Lavender</p> <p>10.00am Grooming & reminisce in Park view</p> <p>Massage Therapy(Magnolia)</p> <p>CANARY FEEDING/Lavender</p>	<p>9.15am Mail & Newspapers</p> <p>10.00am CHAPLAIN Di</p>  <p>10.30am Craft & puzzles in Lavender</p> <p>10.00am Poetry with Don in Park view</p> <p>10.00am Birthday celebrations In Mount view</p>  <p>10.00am Memory Cards in Magnolia</p> <p>Individual Therapies</p>	<p>9.15am Mail & Newspapers</p> <p>9.30am Exercise & Stretch In South lounge</p> <p>10.00am Delta Pets</p>  <p>10.00am Quizzes & Hangman in Park view</p> <p>10.00am Nintendo Wii in Lavender</p>  <p>10.00am Reminisce in Mount view</p> <p>10.00am Bowls, Darts, Balloon Tennis in Magnolia</p> <p>Massage Therapy(Magnolia)</p>	<p>9.15am Mail & Newspaper</p> <p>10.30am Swimming in Lavender</p>  <p>10.00am Balloon Tennis & ball games in Park view</p> <p>10.00am Reminisce in Mount view</p> <p>11.00am Tai Chi in Mount view</p>  <p>10.00am Reminisce in Magnolia</p> <p>Individual Therapies</p> <p>CANARY FEEDING/Lavender</p>	<p>Relatives & Friends are welcome to access the Activity trolleys, located in the wing</p> <p><u>Podiatry –Damian here today</u></p>
WK 1 AFTERNOON	<p><i>Relatives & Friends are welcome to access the Activity trolleys, videos, C.D'S and games located in the wing</i></p>	<p>13.30pm EXERCISE in Nth Lounge</p> <p>14.00pm Games in Park view</p> <p>14.00pm Hoi in Mount view</p> <p>14.00pm Picture Bingo in Lavender</p> <p>14.00pm Cooking in Magnolia</p> <p>14.00pm WRAP with Love (knitters)</p> <p>14.00pm Movie/t.v</p>	<p>13.30pm EXERCISE in Nth Lounge</p> <p>13.30pm Nintendo Wii in Park view</p>  <p>14.00pm Happy Hour & Trivia in Magnolia</p> <p>14.00pm Pick a box in Mount view</p> <p>14.00pm Grooming in Lavender</p> <p>14.00pm Movie/t.v</p>	<p>1.00pm Roman Catholic service</p>  <p>14.00pm Nintendo Wii in Mount view</p>  <p>14.00pm Puzzles, trivia in Lavender</p> <p>14.00pm Craft in Park view</p> <p>14.30pm ST LUKES ANGLICAN SERVICE in Magnolia</p>	<p>13.30pm EXERCISE in Nth Lounge</p> <p>13.30pm Bingo in Park view</p>  <p>13.30pm Craft in Magnolia</p> <p>13.30 pm Sugarloaf Reminisce in Lavender</p> <p>13.30pm Mens'group in Mount view</p> <p>14.00pm Movie/T.V</p>	

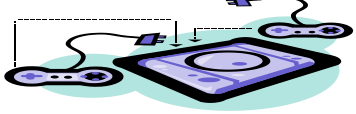

WK 2 MORNING 10-16 OCT	<p>9.15am Mail & Newspaper</p> <p>9.30am Exercise & Stretch In South Lounge</p> <p>10.00am MENS SHED In Park view</p> <p>10.00am Balloon Tennis, Ten pin bowling in Lavender </p> <p>10.00am Bingo in Magnolia</p> <p>10.00am Grooming in Mount view</p> <p>10.30am Hoi in Park view</p> <p>Individual Therapies Canary feeding/Lavender</p>	<p>9.15am Mail & Newspaper</p> <p>9.30am -11.30am Men's Shed @ Elmore Vale  Community Centre (Chrissy)</p> <p>10.00am -2.00pm Mystery Bus Trip Shopping & Lunch out  (Sue, Irene, Liz, Alice)</p> <p>10.00am Outdoor Basketball, Bowling & Darts in Lavender</p> <p><u>Physio-Peter here today</u></p>	<p>9.15am Mail & Newspaper</p> <p>10.00am Chaplain Di/Helen</p> <p></p> <p>10.30am Birthday celebrations Park view</p> <p>10.00am Ten Pin Bowling in Magnolia</p> <p>10.00am Craft in Lavender</p> <p>10.00am Silver Wings In Garden</p> <p>Individual Therapies</p> <p><u>Eye Clinic here today</u></p>	<p>Massage Therapy(Magnolia)</p> <p>9.15am Mail & Newspaper</p> <p>9.30am Exercise & Stretch In South Lounge</p> <p>10.00am Delta Pets</p> <p>Jan & Yelta </p> <p>10.00am Nintendo WII In Mount view</p> <p></p> <p>10.00am Swimming  with Lavender</p> <p>10.00am Grooming (hands & nails) in Magnolia</p> <p>10.00am Discussion Group/ In Park view</p>	<p>9.15am Mail & Newspaper</p> <p>9.30am Exercise & Stretch In South Lounge</p> <p>10.00am Balloon Tennis in Lavender</p> <p>10.00am Discussion Group in Mount view</p> <p>11.00am Tai Chi in Mount view</p> <p>10.00am Grooming (hands & nails) in Park view</p> <p>10.00am Balloon Tennis & games in Magnolia</p> <p>Individual Therapies Canary feeding/Lavender</p> <p><u>Podiatry-Stuart here today</u></p>	<p>Relatives & Friends are welcome to access the Activity trolleys, videos, C.D'S and games located in the wing</p>
WK 2 AFTERNOON	<p>14.00pm EXERCISE In South Lounge</p> <p>14.00pm Aboriginal Dot Painting In Park view</p> <p>13.30pm Reminisce & Memory cards in Mount view</p> <p>14.00pm Happy Hour & Trivia in Magnolia</p> <p>14.00pm Cooking in Lavender</p> <p>14.30pm Movie /t.v</p>	<p>14.00pm Board games in Park view</p> <p>14.00pm Puzzles & outdoor basket ball in Lavender</p> <p></p> <p>14.30pm Discussion Group in Mount view</p> <p>14.30pm Massage Therapy in Magnolia</p> <p>14.00pm WRAP with Love (knitters)</p> <p>14.00pm Movie/t.v</p>	<p>14.00pm EXERCISE In South Lounge</p> <p>14.00pm Sugarloaf Reminisce in Lavender</p> <p>13.30pm Derby Game In Magnolia</p> <p></p> <p>14.00pm Indoor LAWN BOWLS In Park view</p> <p>14.00pm Happy Hour & games in Mount view</p> <p>14.00pm Movie /T.V</p>	<p>14.00pm Picture Bingo In Lavender</p> <p>14.30pm Balloon Tennis & games In Park view</p> <p>14.00pm Indoor Lawn bowls in Mount view</p> <p>14.00pm Bingo in Magnolia</p> <p>14.30pm Movie /T.V</p>	<p>14.00pm EXERCISE in Nth Lounge</p> <p>14.00pm Bingo in Mount view</p> <p></p> <p>14.00 pm Sugarloaf Reminisce in Lavender</p> <p>14.00pm Derby Game In Park view</p> <p>14.00pm Quizzes & Hangman In Magnolia</p> <p>14.00pm Movie/T.V</p>	

RECREATIONAL ACTIVITY SCHEDULE OCTOBER 2011 CON'T

**WK 3
MORNING
17-23
OCT**

9.15am Mail & Newspaper
9.30am Exercise & Stretch
10.00am MENS SHED
In Park view
10.30am Puzzles, board games in Park view
10.30am Derby Game in Lavender
10.00am Trivia in Magnolia
10.00am Ten Pin Bowling in Park view
10.00am Grooming , Memory cards in Mount view

**Canary feeding/Lavender
Individual Therapies**


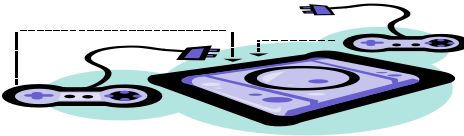
9.15am Mail & Newspaper
9.30am Exercise & Stretch
10.30am Craft in Mount view
10.00am Nintendo WII in Park view

10.00am Balloon Tennis in Magnolia

10.30am Outdoor basketball, & morning tea in Lavender

Massage Therapy(Magnolia)

9.15am Mail & Newspaper
9.30am Exercise & Stretch
10.00am Chaplain Di/Helen
10.30am **Birthday celebrations
Magnolia**

10.00am Craft in Park view
10.00am Craft in Lavender
10.00am Nintendo WII In Mount view


Individual Therapies

9.15am Mail & Newspaper
9.30am Exercise & Stretch
10.00am Delta Pets
Jan & Yelta 
10.00am Dominoes, cards in Magnolia
10.00am Ten Pin Bowling , Knock em down cans
10.00am Nintendo WII in LAVENDER

10.30am Grooming in Park view

Massage Therapy(Magnolia)

9.15am Mail & Newspaper
9.30am Exercise & Stretch
10.00am Ball Games/balloon tennis in Lavender Garden
10.00am Quizzes & Hangman in Park view
11.00am Tai Chi in Park view
 
10.00am Hoi in Magnolia
10.00am Men's shed in Mount view

**Canary Feeding/Lavender
Individual Therapies**

Relatives & Friends are welcome to access the Activity trolleys, videos, C.D'S and games located in the wing

**WK 3
AFTERNOON**

13.30pm EXERCISE In South Lounge
14.00pm Aboriginal Dot Painting In Park view
14.00pm Indoor Lawn Bowls In Magnolia
14.00pm Cooking in Mount view
13.30pm Gardening, afternoon tea & games In Lavender
14.30pm Movie /t.v

13.30pm EXERCISE in Nth Lounge
14.00pm Picture Bingo in Lavender
14.00pm Craft In Park view
14.00pm **Happy Hour & games** In Magnolia
14.00pm Ten Pin Bowling, Knock em down cans In Mount view

13.30pm EXERCISE In South Lounge
13.30pm **Happy Hour & Sugarloaf Reminisce** in **Lavender** Garden/courtyard
13.30pm Memories cards/reminisce In Magnolia
13.30pm Indoor LAWN BOWLS In Park view
13.30pm Hoi in Mount view
14.00pm Movie /T.v


13.30pm EXERCISE in Nth Lounge
13.30pm Indoor LAWN BOWLS In Mount view
13.30pm Balloon Tennis/rummiking in Lavender
13.30pm Craft In Magnolia
14.00pm Ten Pin Bowling , Knock em down cans in Park view
14.00pm Movie/T.V

13.30pm EXERCISE in Nth Lounge
13.30pm **Bingo** in Park view

13.30pm Nintendo WII in Magnolia

13.30 pm Craft/sewing in Lavender
13.30pm Trivia in Mount view
14.00pm Movie/T.V

**WK 4
MORNING
24-30
OCT**

9.15am Mail & Newspaper
10.00am MENS SHED
In Park view
10.00am Swimming Class in Lavender

10.00am **Mount view resident meeting & morning tea**
10.30am Pick a box
In Magnolia
10.30am Blankety Blanks in Park view
Canary feeding/Lavender Individual Therapies

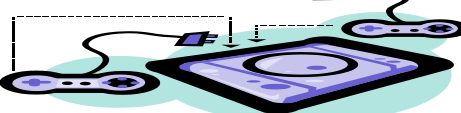

9.15am Mail & Newspaper
9.30am Exercise & Stretch
In South Lounge
10.00am Craft morning
In Mount view
10.30am Men's Shed in MV
10.00am Gardening & morning tea in LAVENDER
10.00am Memories game In Park view
10.00am **Magnolia resident Meeting & morning tea**
Massage Therapy(Magnolia)

9.15am Mail & Newspaper
10.00am Chaplain Di

10.00am Birthday celebrations in Lavender

10.00am Hoi in Mount view
10.00am Board Games in Magnolia
10.00am Name that Tune in Park view



9.15am Mail & Newspaper
10.00am Nintendo WII

in Park view
10.00am Delta Pets
Jan & Yelta

10.30am Picture Bingo in Lavender
10.00am Trivia in Mount view
10.00am Rummiking in Magnolia
Massage Therapy(Magnolia)


9.15am Mail & Newspaper
10.00am Discussion Group in Mount view
10.00am Balloon Tennis & Ten Pin Bowling in Park view

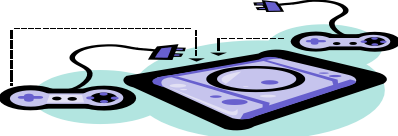
11.00am Tai Chi in Mount view

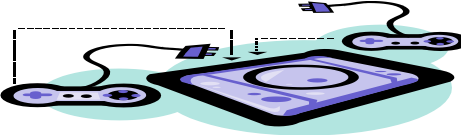
10.00am Chronoloco in Magnolia
10.30am Memories game in LAVENDER
Canary feeding/Lavender Individual Therapies

Relatives & Friends are welcome to access the Activity trolleys, videos, C.D'S and games located in the wing

**Wk 4
AFTERNOON**


14.00pm EXERCISE in Nth Lounge
14.00pm Aboriginal Dot Painting in Park view
14.00pm Bingo in Mount view
14.00pm Ten Pin Bowling In Magnolia
14.00pm **Lavender resident meeting**
14.00pm WRAP with Love


14.00pm EXERCISE In South Lounge
14.00pm Nintendo WII in Mount view

14.00pm Balloon Tennis in Magnolia
14.00pm Indoor Lawn Bowls in Lavender
14.00pm **Park view resident meeting**

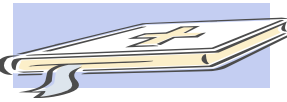

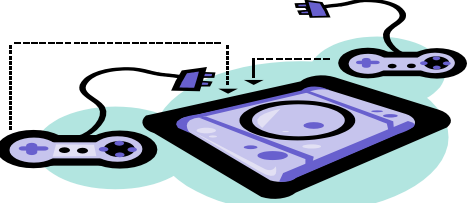

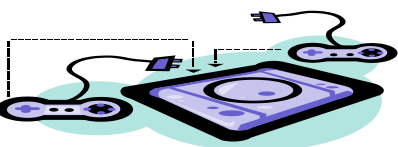

14.00pm EXERCISE In South Lounge
14.00pm Craft in Magnolia
14.00pm Nintendo WII In Lavender

14.00pm Indoor lawn bowls in Mount view
14.00pm Happy Hour & games
In Park view

15.30pm Movie /T.V

14.00pm EXERCISE In South Lounge
14.00pm Cooking in Park view
14.00pm Craft in Lavender
14.00pm
14.00pm

14.00pm EXERCISE in Nth Lounge
14.00pm Bingo in Mount view

14.00 pm Sugarloaf Reminisce in Park view
14.00pm **Happy Hour** in Magnolia
14.00pm Swimming classes in Lavender

14.00pm Movie/T.V

WK 5 MORNING 3-9 OCT	October long weekend Public holiday	Massage Therapy(Magnolia) 9.15am Mail & Newspaper 9.30am Exercise & Stretch In South Lounge 10.00am Craft morning In Mount view 10.30am Men's Shed in MV 10.00am Memories game in LAVENDER 10.00am Grooming-hands/nails In Park view 10.00am Reminisce in Magnolia	9.15am Mail & Newspaper 10.00am Chaplain Di  10.00am Ten Pin bowling in Magnolia 10.30am Birthday celebrations Lavender  10.00am Balloon Tennis & Games in Park view 10.00am Hoi in Mount view Therapies	Massage Therapy(Magnolia) 9.15am Mail & Newspaper 9.30am Exercise & Stretch In South lounge 10.00am Nintendo Wii  in Park view 10.30am Picture Bingo in Lavender 10.00am Trivia in Mount view 10.00am Rummiking in Magnolia	9.15am Mail & Newspaper 10.00am Canary feeding , Ten pin bowling in Lavender 10.00am Craft in Park view 11.00am Tai Chi in Park view  10.00am Memories game in Magnolia 10.00am Balloon Tennis in Mount view Therapies	Relatives & Friends are welcome to access the Activity trolleys, videos, C.D'S and games located in the wing
Wk 5 AFTERNOON		13.30pm EXERCISE In South Lounge 13.30pm Wrap with Love (Knitters) 13.30pm Nintendo Wii in Mount view  13.30pm Balloon Tennis in Magnolia 13.30pm Trivia in Lavender 13.30pm Craft in Park view	13.30pm EXERCISE In South Lounge 13.30pm Trivia in Lavender 13.30pm Indoor lawn bowls in Mount view 13.30pm Dominoes' in Magnolia 13.30pm Quizzes & Hangman In Park view 14.00pm Movie /T.V	13.30pm FATHERS DAY CELEBRATIONS ENJOY A CUPPA OR HAPPY HOUR WITH US FUN AND	13.30pm EXERCISE in Nth Lounge 13.30pm Bingo in Park view  13.30 pm Sugarloaf Reminisce Memory cards in Mount view 14.00pm Happy Hour & Trivia in Magnolia 13.30pm Indoor lawn bowls	

				<i>GAMES</i>	in Lavender	
					14.00pm Movie/T.V	