

# MONTHLY RECREATIONAL ACTIVITY SCHEDULE

## MAGNOLIA –JULY/AUGUST 2010



CM 5.13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>WK 1 MORNING</b> <b>19-25 JULY</b>	9.30am Exercise/Stretch program -Sth lounge 9.45am MAIL & Newspaper reading  10.30am MENS SHED –Mount view  <b>10.30am Debbie on Piano In Jacaranda Room - Lizzy</b>  10.30am Games with Leanne  10.00am Nintendo WII -Lavender	9.30am Exercise/Stretch program -Sth lounge 9.45am MAIL & Newspaper reading  10.00am DELTA PETS  10.30am CRAFT – Mountview  10.00am Individual Massage Therapy  10.00am Croquet & Bocce in PV  10.00am Puzzles & Cards- Lavender	9.30am <b>Exercise with Sonia</b> -Sth lounge 9.45am MAIL & Newspaper reading  10.00pm CHAPLAIN Di (on holidays)  10.30am Craft in Lavender  10.30am Hoi with Lizzy  10.00am Men’s Shed with Park view  10.30am Beauty Group in Park view	9.30am Exercise/Stretch program -Sth lounge 9.45am MAIL & Newspaper reading  10.30am Men’s Group in Mountview  11.00am TAI CHI – Magnolia  10.30am Nintendo WII in Park view  10.30am Trivia with Mount view  10.30am WRAP with Love (knitters)	9.30am Exercise/Stretch program -Sth lounge 9.45am MAIL & Newspaper reading  10.00am Avon –Bianca ( Orders)  9.00am Individual Massage Therapy  10.00am Balloon Tennis & Gardening in Lavender  11.00am Tai Chi in Park view  10.00am Friday Fun day in Park view	Relatives & Friends are welcome to access the Activity trolleys, videos, C.D’S and board games in the lounge rooms
<b>WK 1 AFTERNOON</b>	13.30pm EXERCISE in Nth Lounge  14.00pm Individual therapy/movie  14.00pm WRAP with Love(knitters)	13.30pm EXERCISE in Nth Lounge  13.30pm Movie /T.V  14.00pm WRAP with Love(knitters)	13.30pm EXERCISE in Nth Lounge  13.30pm Bingo with Chrissy  14.30pm Movie/T.V	13.30pm EXERCISE in Nth Lounge  14.00pm Movie Matinee with <b>Ice creams</b>	13.30pm EXERCISE in Nth Lounge  14.00pm Trivia  14.00pm Individual therapy/Movie	
<b>WK 2 MORNING</b> <b>26-1 JULY-AUGUST</b>	9.30am Exercise/Stretch program  9.45am MAIL & Newspaper reading  <b>10.30am Debbie on Piano In Jacaranda room- Chrissy</b>  10.00am MENS SHED –courtyard  10.30am Bingo in Mount view  10.30am Games with Leanne  10.30am Rummiking with Margaret in Lavender	9.30am Exercise/Stretch program  9.45am MAIL & Newspaper reading  9.00am Individual Massage Therapy  10.00am Delta Pets  10.30am Craft in Mount view  10.30am Hoi in Lavender	9.30am Exercise with Sonia  9.45am MAIL & Newspaper reading  10.00pm CHAPLAIN Di (Group service) in Magnolia  10.30am Indoor Bowls in Mount view  10.00am Craft in Lavender  10.00am Hoi in Park view	9.30am Exercise/Stretch program  9.45am MAIL & Newspaper reading  10.00am Men’s Group in PARK VIEW  11.00am TAI CHI – MOUNTVIEW  10.30am Nintendo WII in Park view  10.30am Chaplain Di  10.30am Progressive games with Lizzy in Lavender	9.30am Exercise/Stretch program  9.45am MAIL & Newspaper reading  10.00am Avon –Bianca ( Orders)  9.00am Individual Massage Therapy <b>11.00am Bus Trip Valentine B.C lunch Out \$10.00</b>  11.00am Tai Chi in Lavender  10.00am Friday Fun day in Lavender	Relatives & Friends are welcome to access the Activity trolleys, videos, C.D’S and board games in the lounge rooms
<b>WK 2 AFTERNOON</b>	13.30pm EXERCISE-South Dining  13.30pm Progressive board games in Mount view  13.30pm Did you know??? in Lavender 14.00pm Individual therapy/Movie	13.30pm EXERCISE-South Dining  13.30pm Trivia in Park view with Lizzy 13.30pm Men’s Shed in Magnolia  14.00pm Movie / T.V	13.30pm EXERCISE-South Dining  13.30pm Bowling Nth Lounge  <b>13.30pm Avon with Bianca (hands &amp; face massage&amp; facial)</b>  14.00pm Movie /T.V	13.30pm EXERCISE-South Dining  13.00 pm <b>Roman Catholic Service</b>  13.30pm Balloon Tennis in Parkview  14.30pm Individual therapy/Movie	13.30pm EXERCISE in South Lounge  13.30pm BINGO – in Lavender  14.00pm Individual therapy/Movie	

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<p><b>WK 3 MORNING 2-8 AUGUST</b></p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading 10.30am Men’s Shed in Mountview 10.30am Games with Leanne 10.30am Rummiking with Margaret In Lavender 10.30am Trivia in Lavender 10.30am Beauty group in Mount view</p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading 10.00am DELTA PETS 9.00am Individual Massage Therapy 10.30am Bowls &amp; Darts in Lavender 10.00am Craft in Mount view</p>	<p>9.30am Exercise with Sonia 9.45am MAIL &amp; Newspaper reading 10.00am COOKING IN: Lavender (cup cakes) 10.00am CHAPLAIN Di (group) in Mount view 10.30am Men’s’ shed in Mount view 10.30am Trivia in Park view</p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading 10.00am Men’s Shed –Dominoes In Mountview 11.00am TAI CHI – Magnolia 10.00am Puzzles &amp;Cards – Lavender 10.00am Chaplain Di 10.00am Hoi in Park view</p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading <b>10.00am FRIDAY FUNDAY Fun &amp; Games &amp; BBQ Lunch</b> 10.00am Avon-Bianca (collect orders) 9.00am Individual Massage Therapy 10.00am Bingo in Lavender 11.00am Tai Chi in Park view</p>	<p>Relatives &amp; Friends are welcome to access the Activity trolleys, videos, C.D’S and board games in the lounge rooms</p>
<p><b>WK 3 AFTERNOON</b></p>	<p>13.30pm EXERCISE-South Dining <b>14.00pm St Lukes Communion (Magnolia)</b> 14.00pm INDIVIDUAL THERAPY/MOVIE</p>	<p>13.30pm EXERCISE-South Dining 13.30pm Trivia in Parkview with Lizzy 13.30pm Beauty Group (nails and hands) 14.00pm Movie/T.V</p>	<p>13.30pm EXERCISE-South Dining 13.30pm BINGO in Magnolia 1.30pm WRAP with Love (knitting group)</p>	<p>13.30pm EXERCISE-South Dining 13.30pm Craft 14.30pm Movie /T.V</p>	<p>13.30pm EXERCISE-South Dining 14.00pm Mock tail Hour/ Trivia 14.00pm INDIVIDUAL THERAPY/MOVIE</p>	
<p><b>WK 4 MORNING 9-15 AUGUST</b></p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading <b>10.00am SILVER WINGS Old time Performers</b> 10.00am MENS SHED –courtyard 10.30am Bingo in Mount view 10.30am Nintendo Wii with Leanne</p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading 10.00am DELTA PETS 9.00am Individual Massage Therapy 10.30am Cooking in Mountview (cup cakes) 10.00am</p>	<p>9.30am Exercise with Sonia 9.45am MAIL &amp; Newspaper reading 10.30am GAMES/SCRABBLE 10.00pm CHAPLAIN Di (group) In Magnolia 10.00am Men’s Shed in Magnolia 10.30am Craft in Lavender</p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading 10.30am Indoor Bowls in Parkview 11.00am TAI CHI – MOUNTVIEW 10.00am Trivia - Lavender with Maria</p>	<p>9.30am Exercise/Stretch program 9.45am MAIL &amp; Newspaper reading 9.00am Individual Massage Therapy 10.00am FRIDAY FUNDAY in Mountview 10.00am AVON LADY ON SITE 10.30am Tai Chi in Lavender</p>	<p>Relatives &amp; Friends are welcome to access the Activity trolleys, videos, C.D’S and board games in the lounge rooms</p>
<p><b>Wk 4 AFTERNOON</b></p>	<p>13.30pm EXERCISE-South Dining 13.30pm Progressive board games in Mount view 13.30pm Did you know??? 14.00pm Individual therapy/Movie</p>	<p>13.30pm EXERCISE-South Dining 14.00pm Movie /T.V</p>	<p>13.30pm EXERCISE-South Dining 13.30pm Trivia in Mountview 13.30pm Wrap with Love (knitting group) 14.00pm Movie/T.V</p>	<p>13.30pm EXERCISE-South Dining <b>13.00 pm Roman Catholic Service</b> 14.00pm INDIVIDUAL THERAPY/MOVIE</p>	<p>13.30pm EXERCISE-South Dining 13.30pm Bingo in Mount view 14.00pm Mock tail Hour 14.00pm INDIVIDUAL THERAPY/MOVIE</p>	