



SummitCare St Marys

WARMTH WORTH & WELLBEING

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SUMMITCARE
WARMTH WORTH WELLBEING



THE SUMMITCARE WAY

For generations, SummitCare has cared for and supported the wellbeing of many people throughout Sydney.

We have built an award winning reputation for delivering outstanding care and support for all our families through our residential centres, in home support services and respite care options. Your Wellbeing is our focus.

SummitCare - *WARMTH WORTH WELLBEING*

WHY CHOOSE SUMMITCARE?

Our promise - we strive to improve the wellbeing of all our residents and their loved ones through our focus on creating nurturing, warm and welcoming communities where each individual has a sense of worth.

We are experienced and passionate - we are a family-owned group with more than 50 years' experience and strong values, including trust, respect, loyalty, integrity, friendship.

Our people are our greatest asset - we have a key focus on staff development, performance and culture. Members of the SummitCare team are highly skilled individuals who are passionate about promoting every aspect of our residents' and their loved ones' wellbeing.

We celebrate excellence - our knowledge helps us to drive and deliver excellent care; from our specialist behaviour support strategies to nutritional and tasty meals, and carefully planned social and recreational activities.

We exceed expectations - our resident and family engagement survey results show more than 80% satisfaction. This feedback process ensures we always provide quality, consistency and outstanding value.

For all these great reasons and many more, the SummitCare team is recognised by peers and other industry leaders, and we were the first aged care provider in Australia to receive the Gold Award in the Australian Business Excellence Awards.

Let us provide our award-winning support to you or your loved ones.



THE SUMMITCARE EXPERIENCE

The open, welcoming environment at SummitCare St Marys makes it a popular aged care choice for people in the Western Sydney area.

An easy-to-access layout features accommodation for 120 residents conveniently located on the ground floor in twin and single configurations. The spacious centre offers modern facilities and is beautifully styled in muted tones and gorgeous furnishings.

Indoor lounges and the large courtyard barbecue area are great spots to socialise, and residents can also relax to the sounds of the lovely water feature in the more tranquil garden and gazebo area - or grab a book to enjoy from the library.

SummitCare St Marys is located within easy walking distance of the suburb's CBD and public transport.

SERVICES & ACTIVITIES

All services at SummitCare St Marys have been thoughtfully designed to promote resident wellbeing. Residents can enjoy leisure and lifestyle activities every day, including craft, bingo, book club and regular entertainment from visiting performers who provide a range of experiences. Family members are always welcome to participate!

Nutritious and tasty meals designed by our dietitian are prepared and freshly cooked on-site, to in-house hairdressing, laundry and more.

SummitCare St Marys offers an exercise program to assist our residents with mobility and their range of movement. To improve the wellbeing of residents with memory loss, wandering tendencies and dementia, we also provide the acclaimed Play Up Program created by the Arts Health Institute, which delivers humour therapy, and the Spark of Life Program to promote social and emotional wellbeing.

There are a range of allied health professional services available including optometry, podiatry and our team can provide expert behaviour management strategies, respite and palliative care services should they be required.

The team at SummitCare St Marys are passionate professionals who deliver outstanding care and support to residents, their families and their loved ones.

ADDITIONAL SERVICES

We offer additional wellbeing services, ranging from meal options and a selection of newspapers and magazines, as well as access to allied health professionals. If there is something specific you require, please ask and we will endeavour to accommodate your request. Simply contact the centre manager to find out more about our range of additional wellbeing services.

YOUR ADMISSION

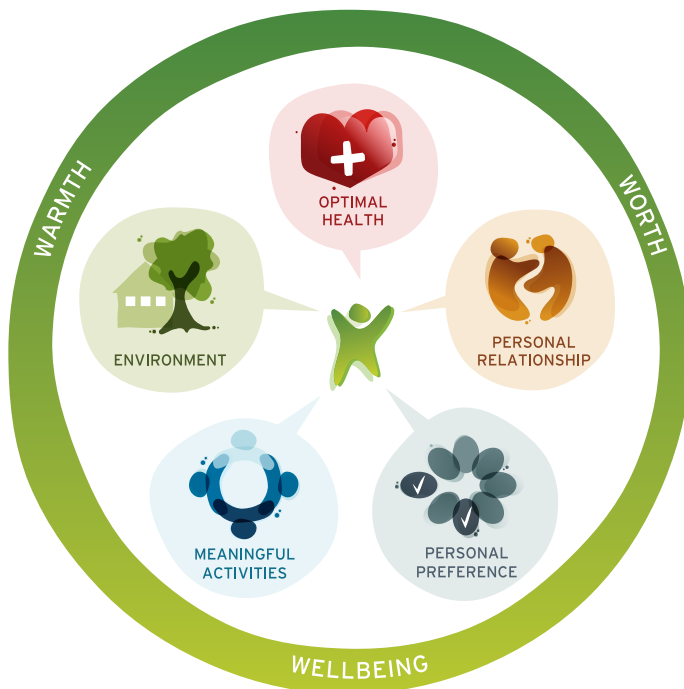
The first step towards admission is to contact the Aged Care Assessment Team (ACAT). This is a required assessment that determines the type of aged care that is necessary.

SummitCare provides a comprehensive guide on the website that will take you through the steps required for admission. www.summitcare.com.au/about-summitcare/admission-help

“Wellbeing is at the heart of everything we do at SummitCare. We focus on ensuring our residents and their loved ones are supported to be the best they can be in mind, body and spirit. Our support and care is delivered with warmth, celebrating the worth of every individual.

To learn more about our ‘Wellbeing Hub’ simply call SummitCare St Marys, any of the team will be happy to discuss how Warmth, Worth and Wellbeing underpins everything we do every day”.

Cynthia Payne, SummitCare CEO



To find out more about how we can support your wellbeing call us today on 02 9673 6999.

You deserve the best care and support now and in the future. Choose SummitCare St Marys for award-winning services delivered with warmth, worth and focusing on your wellbeing.

SUMMITCARE ST MARYS

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